

# VOLUNTEER TRIATHLETE MEMBERSHIP APPLICATION

## Achilles International

42 West 38th Street, Suite 400 | New York, NY 10018

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[www.achillesinternational.org](http://www.achillesinternational.org)



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Name Male/Female Birthdate

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Street Address Apt # City State Zip

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Phone (Home) Phone (Work) Phone (Cell)

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E-Mail

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Do you speak any languages other than English? (please specify)

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How did you hear about us?

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Longest Distance Triathlon you have completed: (Name of Race/Year/Finishing time)

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If you have NOT completed a triathlon, what is the longest distance race you have completed? (Name of Race/Year/Finishing Time)

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Have you ever guided an athlete with a disability in a running race? If yes, please provide details:

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Have you ever guided a paratriathlete? If yes, please provide details:

On a scale of 1 to 5 (1 = no experience / 5 = completed multiple races), how experienced are you in the following:

Swimming 1 2 3 4 5

Tandem Bicycling 1 2 3 4 5

Running 1 2 3 4 5

What is your running pace? \_\_\_\_\_ # minutes/mile (please specify your approximate minutes per mile)

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What is your occupation?

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Any professional skills you may be able to offer? (please specify: e.g., driving, PR, legal, bike mechanic, etc.)

Do you have CPR Training?      Yes       No

Are you a certified life guard?      Yes       No

Are you a swim coach?      Yes       No

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Are you part of a Tri Club? If so, which one?

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Are you part of a running club? If so, which one?

*(Continued on next page)*

## VOLUNTEER TRIATHLETE MEMBERSHIP WAIVER



### **PLEASE READ THE FOLLOWING WAIVER AND SIGN INDICATING THAT YOU HAVE READ, UNDERSTOOD, AND AGREE TO THE TERMS**

**Waiver:** I know that participating in Achilles running or other athletic events is potentially hazardous. I agree not to enter any Achilles race, activity, or sponsored event unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. As a volunteer, I assume all risks associated with participating, including, but not limited to: falls, contact with vehicles, other participants, spectators, or others, the effect of the weather, including high heat, extreme cold and/or humidity, traffic conditions of the road, all such risks being known and appreciated by me.

Having read this Waiver and knowing these facts, and in consideration of your accepting my application, I, for myself or for my child and anyone else entitled to act on my behalf, waive and release Achilles International (aka Achilles Track Club), Achilles Kids Program, New York Road Runners, Road Runners Club of America, The City of New York and all its agencies, New York Cares, all sponsors of Achilles and any of their races or events, members and volunteers, from present and future claims and liabilities of any kind, known or unknown, arising out of my participation in any Achilles event or related activities, even though that liability may arise out of ordinary negligence or fault on the part of the persons named in this Waiver. By registering for a New York Road Runners Race through Achilles International, I hereby grant my permission to Achilles International to act as proxy on my behalf for that race with full authorization to execute consents, waivers and releases included in the Achilles International registration. I further grant my permission to all the foregoing to use photographs, motion pictures, recordings, or any other record of my participation in Achilles International for any legitimate purpose, without remuneration.

### **I have read this waiver and agree to the terms**

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Signature

Date