(Continued from page 23)

•The weights: Larry Pratt heaved the shot 46'11" (14.30 m) to win M40. This was a 16-lb. implement. Phil Brusca threw the 12-pounder 42'5" to capture M55. JoAnn Grissom had the best toss of the day for the women by casting the 4kg ball a distance of 10.42 m (34'2'4").

Michael Grisko heaved the 35-pound weight — this event was conducted outside in the rain — a record 14.69 m (48'2'4''). The old NYAC veteran, Thomas Mc Dermott, got healthy with a 25-pound weight throw of 14.54 m (47'8'2'') in M65. JoAnn Grissom had the best throw among four women competing - 24'6''.



Marathon. Higdon was 2nd in 2:45 and

Ingram 9th, 3:01, in 50-59 division.

MEN AND WOMEN OVER THIRTY

PLEASE PRE-ENTER PENALTY FOR LATE ENTRY.

MASTERS SPUKIS ASSOCIATION'S 12th ANNUAL TRACK & PIELD CHAMPIONSHIPS; WEIGHT PENTATHLON CHAMPIONSHIP: 6, REGULAR PENTATHLON CHAMPIONSHIP. 10:00 A.M.

TAC Midwest Track and Field Championships

On February 20, the TAC Midwest T&F Championships were held at the U, of Cincinnati track and produced solid over-all performances and several new meet records. A few of the more notable marks were Tom Randolph's 6.5 victory in the 40-44 60yd dash. Also in the sprints, Byron Fike (75-79) ran an 8.6 60yd final, and Mary Bowerman (65-69) clocked 9.0 in winning her 60yd race. In the 60 yd hurdles, Raglan (45-49) bolted to an 8.9 victory. Harry Tolliver's 300 yd dash in 34.2 and 600 yd in 1:18.4 probably topped all double winner's performances. Ross Bonham took the 50-54 mile in 4:58, and Byron Fike came back in the mile for a 7:02 win. Among the jumpers, Carl Burgess (40-44) leaped 20'91/2" and Arling Pitcher (80-84) pole vaulted 5'101/2", which according to available records is the highest vault, indoors and outdoors for the M80+ category. In the throws, Phil Brusca (55-59) won the shot with a 40° x $10^{1/2}$ " mark, and Joe Chadbourne (50-54) tossed the weight an even 40'.

The outstanding women's competitor was Jo Anne Grissom (40-44) who took three wins: high jump, 4'0'; long jump, 14'14"; and the shot, 34' 934".

MASTERS SCENE

• The Achilles Track Club has been organized to provide support and coaching for the disabled of all ages and training levels who want to race competitively or participate for fun and health. Patty Lee Parmalee, first W40-49 finisher in the 1982 L'Eggs Mini-Marathon and Trevira Twosome, is the club's coordinator. For further information, write to her . at Achilles Track Club, c/oRobert H. Glover & Associates, 46 West 71st St., New York, NY 10023.

Runners who want to enter the New York City Marathon in October, 1983, will have to put out \$3 to get into a lottery for a place in the 17,000 field. Midnight of June 1 is the deadline for entry form requests. Hopeful entrants should include a business-size envelope with the \$3 check. After receiving an application, they must fill it out, enclose an entry fee of \$10 (plus \$6 for non-TAC members), and mail it as soon as possible. The first 8,000 slots will be filled on a first-come basis. The remaining 9,000 will be selected by lottery in July. Send entry blank requests to Marathon Entries, PO Box 1388, GPO, New York, NY 10116.

NEW ENGLAND

• Charlie Pratt, set a new course record over a tough, hilly course in winning the New England TAC Masters Championship 30K at Boylston, MA, March 27, with 1:46:32.

EAST

- Don Wilken, 44, who has competed in most of the ten Hudson Mohawk RRC marathons and won it three times, settled for a 10th overall in this year's event, but took the Masters crown with a 2:44:26 on February 27.
- Arnie Green, 51, ran the Bob Preston
 5-Miler on March 7 in New York's Central Park
 in 27:32 for a national age-group record.

finisher, Sam Freedman, 62 recorded a 5:54:45 for the 37+ mile race.

- Monmouth College all-comers meets will include some Masters running events from May
 8-June 23. Contact John Kuhi, Monmouth College W. Long Branch, NJ 07764 (201-222-6600).
- Cindy Dalrymple, 40, of New York City, set another U.S. women's masters road record by clocking 58:28 in the Perrier Cherry Blossom 10-mile run in Washington March 27. Her fourth U.S. best (others: 10K, 15K and marathon) broke by over three minutes the mark of 61:48, set by California's Karen Scannell in 1981. Dalrymple finished as ninth woman in the event. George Keim of Waynesboro, Pa. led the 40+ men in 51:52, with New Jersey's Bob Fischer, 43, posting 51:59. Norm Green, of Wayne, Pa. was best over-50 runner in 52:53. Bill Hall, 43, notched 53:04. Mary MacFarlane, of Richmond, Va. led the 45-49 women in 74:09, with Natalie Buzzell, Cape Elizabeth, Maine the first 50+ female in 69:49.
- Walker Sal Corrallo, 52, strode an age record 7:29 mile and was followed by Dot Michaels, 56, who also set a new standard with 10:03 at the Potomac Valley Srs. Developmental meet, February 20, at Arlington, VA. In the same meet, Larry Colbert, 46, cranked out a 54:62 440y.

SOUTHEASTERN

• The First Annual Law Enforcement 5-Miler at Columbia, SC, on March 12, was designed to be a low-key event for members of the local law enforcement community and their families. Low-key it was, but an "outsider" from Washington, D.C., took the first place trophy. Dave Theall, 51, after 12 years and some 400 races finally broke a finish line tape — albeit im-